



florida

coordinated school health

learning & doing



- HOME
- ONLINE CSH TRAINING
- CSHP NEWS
- FLORIDA HEALTHY SCHOOL DISTRICTS
- RESOURCES
- WEBINARS

TOPICS

Gold: Palm Beach

Gold: Baker

Palm Beach County School District demonstrated a high level of success in all areas. Highest scores were in the areas of:

Gold: Brevard

- **District Infrastructure** – confirms the value of strong administrative and community support and sustainability (one of the highest scores in the state)

Gold: Lee

- **Health Education** – Provides the knowledge and skills to make informed decisions about all areas of health

Gold: Nassau

- **Physical Education** – Provides the skills to become and remains physically active for a lifetime. Studies show that students who are physically active perform better academically.

Gold: Orange

- **Health Services** – Remove health related barriers to attendance, performance and academic success. School nurses face the greatest challenges in our history. They are managing the care of children with a wide variety of health conditions, some quite complicated, in numerous locations.

Gold: Osceola

- **Employee Wellness** – Employees who are healthy are less likely to be absent, are most likely to be engaged and remain in their jobs. The cost of healthcare to the district is reduced when employees are healthy, thus freeing up funds for educational purposes. (also one of the highest scores in the state)

Gold: Palm Beach

Gold: Pinellas

- **Healthy School Environment** – reflects the physical plant as well as the social climate of the district. This includes safety, personal interactions and violence prevention.

Gold: Santa Rosa

- **Family and Community Involvement**– is the key to garnering support and resources from community members and involving parents as partners

Gold: Sarasota

Name of District: The School District of Palm Beach County

Silver: Alachua

Number of Schools: 186

Number of Students: 181,260

Silver: Broward

Wellness Promotion Task Force:

The School District of Palm Beach County has a strong Wellness Promotion Task Force which is comprised of internal district employees and external community partners. Through the collaboration, a yearly Wellness Promotion Policy (WPP) Annual Report is created to document the wellness initiatives occurring in our district utilizing a web-based platform allowing for global access. Use the following link to access the 7th WPP Annual Report www.palmbeachschools.org/annualreport/2013wellness/index.html (Within the Introduction Tab, there is an archive section that houses the six previous Annual Reports.)

Silver: Clay

Silver: Collier

School Health Advisory Committee:

Silver: Columbia

SHAC and wellness teams are separate. The SHAC in Palm Beach County uses a model for reviewing school health programs recommended by the Centers for Disease Control (CDC). Known as The Coordinated School Health Model. The components, when looked at in a coordinated manner, have been found to be highly effective in addressing the health risk behaviors that contribute significantly to the leading causes of death, disability, and social problems among youth.

Silver: DeSoto

Silver: Duval

The SHAC serves as an active voice for improving the health of school children by being an advocate for and supporting quality, coordinated health services and education programs and policies. Over the decades, the SHAC in Palm Beach County has played an important role in many issues crucial to student health and welfare. In the 1990s, SHAC focused emphasis on health education and school nurse services. It was a strong proponent of a

Silver: Escambia	nurse in every public school that was achieved in 1997 when the Health Care District PBC made the commitment to provide funding and joined the local school district and health department as a partner in the school health program.
Silver: Flagler	<ul style="list-style-type: none"> ■ This past decade, the SHAC's goals have been oriented to support efforts focused on nutrition, physical education and health education and included school board workshops on those topics. Recently focus was shifted to address the needs of students with behavioral and mental health concerns. ■ Key partners include: The Florida Department of Health, The Health Care District, The School District of Palm Beach County, local Medical Centers, Palm Beach State College, South University and local non-profit health orientated organizations.
Silver: Hamilton	
Silver: Levy	
Silver: Madison	For more information, email: wellness@palmbeachschools.org
Silver: Manatee	Palm Beach County Highlight
Silver: Okaloosa	<ul style="list-style-type: none"> ■ The School District of Palm Beach County was the winner of the 2012-2013 U.S. Department of Education Green Ribbon Schools Award on April 23, 2013. Officials with the U.S. Department of Education recognized the District's efforts for reducing environmental costs, improving the health and wellness of students and staff, and providing effective environmental and sustainability education. ■ The School District of Palm Beach County received four SUNSPRA Sunshine Medallion Awards in the 2013 school year. While attending the 2013 FASA Conference, the District's Wellness Promotion Task Force also received the SUNSPRA "Best of Show" for the overall "Publications and Public Relations Tools" category for the Wellness Promotion Policy Annual Report.
Silver: Okeechobee	
Silver: Pasco	<ul style="list-style-type: none"> ■ In 2010, The School District of Palm Beach County was awarded the Robert Wood Johnson Foundation, Healthy Kids Healthy Communities grant geared toward making policy and environmental changes to improve access to healthy foods and opportunities for physical activity. The 2012-2013 school year was the third year of the grant. A total of \$1.4 million was secured to support obesity prevention in the project area. ■ The Miami Children's Hospital made a five year commitment to promote health literacy for all students and teachers in Palm Beach County by making the HealthTeacher curriculum available for all public schools. The 2012-2013 school year marked the third year of the partnership. Approximately 12,500 kindergarten through high school teachers in the District have access to Health Teacher's online health education curriculum and resources.
Silver: Polk	
Silver: Putnam	<ul style="list-style-type: none"> ■ Wellness Champions at schools and departments assist in the coordination of staff wellness initiatives by sharing health information, engaging participation in district-sponsored wellness programs and creating excitement around leading a healthy lifestyle. There has been a steady increase in participation from 22 Wellness Champions in the 2006-2007 school year to 187 in the 2012-2013 school year. ■ The Alliance for a Healthier Generation Healthy Schools Program provides tools, resources and support to inspire students, staff and families to develop lifelong, healthy habits. Seven schools have earned a National Recognition Award. In the 2012-2013 school year Forest Hill Elementary and Manatee Elementary received the Bronze National Recognition Award for transforming their campuses into healthy places for students and staff.
Silver: St. Johns	
Silver: St. Lucie	<ul style="list-style-type: none"> ■ The School District of Palm Beach County is the fifth largest district in the state of Florida. The School Food Service Department has been proactive in implementing various avenues for students to have access to nutritious meals to include: the 100% Accessible Breakfast Program (all levels) and the Nutritious Dishes Program (middle/high school level). ■ The School Food Service Department has been successful in implementing their Power Up With Breakfast campaign since its inception in the 2006-2007 school year. This program allows every student to eat a free breakfast every day, regardless of socioeconomic status. In the 2012-2013 school year, over 790,000 additional breakfasts were served to students. ■ The School Food Service (SFS) Department reached out and partnered with local farmers to create a Farm to School bid. In the 2012-2013 school year, SFS has expanded the program and now offers fresh, local corn cobbettes, green beans, yellow squash, zucchini, carrots, strawberries, navel oranges, honey tangerines, mini sweet peppers and grape tomatoes. ■ Six schools are participating in the United States Department of Agriculture's Fresh Fruit and Vegetable Program which provides each student daily with a fresh fruit or vegetable snack at no cost. This program has been very well received within the school environment as it encourages students to try a variety of fruits and vegetables. We are excited for the opportunity to expand this program to two additional schools in 2013-2014. ■ The School District of Palm Beach County hosts the Online Tobacco Prevention
Bronze: Bay	
Bronze: Gadsden	
Bronze: Hernando	
Bronze: Indian River	
Bronze: Volusia	

and Intervention Course for the state of Florida. In the 2012-2013 school year, 1,007 participants enrolled, 426 participants completed the course, and 18,650 students across the state received tobacco prevention lessons.

- Single School Culture© Initiatives supports Safe School Ambassadors (SSAs) where student opinion leaders on campus are trained to recognize and intervene skillfully in incidents of bullying in schools. In the newly added school Elbridge Gale Elementary, SSA's recorded 232 interventions. Also in regard to safe school environments, Student Intervention Services supports programs that prevent violence, prevent the use of drugs and alcohol, foster a safe school environment, and address problems faced by homeless youth attending school.
- The School District is fortunate to have a School Nurse in every regular school including nursing service support for the alternative and charter schools. The primary goal of this program is to advance the well-being, academic success, and life-long achievement of all students. In the 2012-2013 school year, school nurses performed 146,338 screenings including hearing, vision, BMI, and scoliosis screenings.
- Florida Health: State Surgeon General Employee Worksite Wellness Recognition Program:
 - o Excellence in Worksite Wellness
- United Healthcare Well Deserved Award 2012



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